

2023 Group Call Timetable

Group Calls are held Tuesdays 10 am or 5pm UK Time (you can attend either class).

Modules are published the Thursday before the Group Call.



Monday 29th May 2023

Tuesday 6th June 2023

Tuesday 13th June 2023

Tuesday 20th June 2023

Tuesday 27th June 2023

Tuesday 4th July 2023

Tuesday 11th July 2023

Tuesday 18th July 2023

Tuesday 25th July 2023

Learning Opens

Orientation Week (Welcome Call Tuesday 30th May)

Module 1 - What is self-doubt?

Module 2 - Self-doubt and developmental psychology

Module 3 - Trauma-informed coaching

Integration Week

Module 4 - Coaching with the root causes of self-doubt

Module 4 - Coaching with the root causes of self-doubt

Module 5 - Coaching with the client's self-doubt story

Module 5 - Coaching with the client's self-doubt story





1st-13th August 2023 Summer Break Module 6 - Coaching with The Protector **Tuesday 15th August 2023** Tuesday 22nd August 2023 Module 6 - Coaching with The Protector Module 7 - The Coach's Self-Doubt Tuesday 29th August 2023 Tuesday 5th September 2023 Module 7 - The Coach's Self-Doubt Tuesday 12th September 2023 Summer Break Module 8 - Coaching with conflict Tuesday 19th September 2023 Module 8 - Coaching with conflict Tuesday 26th September 2023

Tuesday 10th October 2023 Module 8 - Coaching with Client's Compass

Tuesday 10th October 2023 Module 9 - Coaching with Client's Compass

Tuesday 17th October 2023 Integration Week

Tuesday 24th October 2023 Module 10 Coaching with Client's drawns.

Tuesday 24th October 2023 Module 10 - Coaching with Client's dreams and goals
Tuesday 31st October 2023 Module 10 - Coaching with Client's dreams and goals

Tuesday 7th November 2023 Closing Circle